



## Principal's Report

Parent teacher conferences will be held on Thursday the 30<sup>th</sup> of March. The process for making appointments is through the Compass parent portal (the link can be found on the schools website). All families will have received a letter outlining this process during the week as well as messages sent through the Compass Portal. If you are experiencing difficulty with the program or haven't received the letter, please contact the general office at your earliest convenience so we can assist you with this matter. If you have any feedback in regard to the process itself please email me your thoughts on

[jewell.corey.a@edumail.vic.gov.au](mailto:jewell.corey.a@edumail.vic.gov.au).

The 2017 Lalor Secondary College School Council held their first meeting on Thursday the 23<sup>rd</sup> of March. There were many items discussed and actioned on the night including the 2016 Annual Report to the Community. Also approved at the meeting was the expansion of the Lalor Secondary College Scholarship Program. The program already provides the opportunity to Grade 6 students transitioning into Year 7 across the following 4 areas: **Community, Academic, Leadership and Sport**. These scholarships run over 3 years and are valued at \$500.00 dollars. The Year 10 to 12 scholarships will be offered to students moving from Year 9 into year 10 in the same four categories and also run for 3 years. In 2017 this process will commence for current Year 10 students in Term 2. An overview of the senior scholarship program is listed below. More details on how to apply and the criteria for application will be provided to students in Term 2.

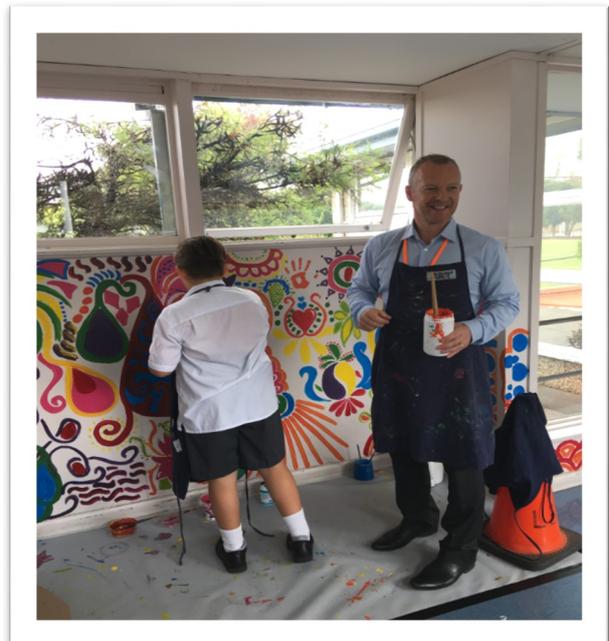
<b>Community x 1</b>	Year 10 – \$200. Year 11 – \$200, Year 12 - \$300.
<b>Academic x 4</b>	Year 10 – \$200. Year 11 – \$200, Year 12 - \$300.
<b>Leadership x 1</b>	Year 10 – \$200. Year 11 – \$200, Year 12 - \$300.
<b>Sport x 2</b>	Year 10 – \$200. Year 11 – \$200, Year 12 - \$300.

I have had the pleasure of being involved in the staff v's Year 12 soccer games over the past two weeks with many students coming along to watch the action. The first games result was a 3 all draw and game 2 saw the students win 1 to nil. I'm looking forward to this Friday so we (teachers) can hopefully level the series.

A reminder that school will finish early on Friday the 31<sup>st</sup> of March with classes finishing at 2.15pm. Parents should make appropriate arrangements for picking up their children around this changed finish time.

I want to congratulate the whole school on what once again has been a very successful start to the school year. The school always manages to fit so much into such a short period of time, and this can only occur with the hard work and dedication of the Lalor Secondary College Staff.

I wish everyone an enjoyable and safe holiday period and look forward to seeing everyone back on Monday the 17<sup>th</sup> of April.



Best regards,

Corey Jewell  
Principal



## Year 11 & 12

As I write, we are heading towards the end of a busy and successful Term 1. Teachers are preparing reports, finalising learning tasks and getting ready for the upcoming parent teacher evenings.

This week we've had two exciting leadership opportunities for our students. On Tuesday 22nd March, Anthony Koutoufides, a proud Lalor alumni, came to speak to and run workshops with, our student leaders. This was an exciting opportunity for all involved as students were able to walk away with some new skills and some inspiring messages about how they can be leaders not only in the school, but in our local community. Thanks to Mr Krstevski for organising this. In the same week, Ms Timos has organised another leadership activity with the STRIDE organisation with a focus on building skills in our VCE student leaders. The focus of both days was directly tailored to the needs of our student leaders and I thank both staff and students involved.

On Thursday 23rd of March, the SRC have held their first fundraiser for the year with a casual dress day. They were able to raise an impressive \$1021.5, for the Good Friday Appeal. A worthy charity that ensures the Royal Children's Hospital is able to continue to provide the best possible outcomes for children and families in their care.

To celebrate diversity week, we had a cultural dress competi-

tion and I am proud to announce that Quita Nipoe and Thomas Gioskos two students received the first prize of a voucher for \$30 from JB HiFi. The equally well dressed runners up were: John Tran (7G), Nikki Sangas 8D, Alvin Peters 7D, Zaman Radhi 11, Nicky Ah Fook 7B and Linda Nguyen 7H. Thanks to all students who participated and helped celebrate the cultural diversity at our school.

As we wrap up Term 1, I've been extremely proud of the efforts of our VCE and VCAL students. I remind parents and students that the non-instruction period is valuable time that should be directed towards completing holiday homework and preparing for upcoming Term 2 assessment tasks. I suggest all students have a holiday study timetable that involves time spent on each subject ensuring the best possible start to Term 2.

Below is a screenshot of an article that you may have seen in your local Whittlesea Leader! This article appeared in all Leaders across Melbourne during an education feature. It was a great experience for our students to work with a professional photographer. For updates about events happening at Lalor Secondary, please join our Facebook page at the following link <https://www.facebook.com/lalorsecondarycollege> or alternatively search for @lalorsecondarycollege on Facebook and you will find us. The more the merrier!

Julie Ryan

# Meeting needs of the modern learner

There are many factors that lead to success and Lalor Secondary College has found the right mix.

Last year, the school reached the target of 30 for its Median VCE Study Score after many years at a lower level. In 2003, it was 22.

Principal Corey Jewell says the improvement is profound and due to many reasons.

One of this is the school's focus on improving teacher capacity to meet the needs of the modern learner, which included developing good relationships with students and a focus on well-being support.

"The students have high expectations on themselves and on their teachers. This is driving a culture of success and producing a calm

environment that allows all members of the school to focus on the teaching and learning," Mr Jewell said.

He says structural changes to the middle school curriculum also ushered in subjects where teachers could exercise their passion, resulting in increased student engagement and hundreds of additional enrolments.



Joshua Nikolov and Robert Tawil at Lalor Secondary College.



## Year 9 & 10

The past couple of weeks have been busy ones here at Lalor Secondary College, with students working towards a range of assessment tasks in readiness for completing the first term of their studies for 2017. It has been a pleasure to see students engaged in their learning and working constructively together with their teachers to make the most of the learning opportunities provided. I'd like to thank you as parents for your ongoing support of Lalor Secondary College and the interest you take in your own child's learning. I know that family life can be busy, but taking the time out to monitor your child's homework, discuss their progress in each of their classes and perhaps read through a piece of their work can make all the difference to supporting successful study habits not to mention strengthening those relationships we have with our teenagers. You may have also noticed a feature **on Compass** available to you to access teacher feedback regarding your child's performance in a Learning Task. This feature is known as **Continuous Reporting**, and basically allows both students as well as parents to view feedback from the teacher, which normally would only be available on the end of semester report. As staff complete their assessment of a Learning Task they will then post this feedback onto compass. As parents you are able to click onto the particular subject that your child is doing, and under the tab called **Learning Tasks** be able to open a **Feedback Tab**. Most teachers have already started to add feedback with all expected to have done so in early term 2. You will also have access to Progress Reports for your child under the Report tab. These will be used as the basis for the upcoming parent Teacher conferences. It is of importance that you as parents make the time to attend, as these discussions with teachers form the basis of our partnership with you regarding the progress of your child in all of their subjects. I am looking forward to meeting many of you at the Parent Teacher Conferences next Thursday.

For those of you with year 10 children please check-in to see that their Work Experience forms have been completed and lodged with Ms Alan Chantry. If arrangements are yet to be finalised the coming holiday break is an opportune time to be contacting prospective organisations which may be willing to host your child during work experience. Again I refer you to the Careers section on the school website for further information.

### University of Melbourne Teacher Candidates

We have also been privileged to once again this year to welcome student teachers from the Melbourne Graduate School of Education Master of Teaching program who will be working with us on Thursdays and Fridays for the rest of the term and complete a two week teaching block early term 2. Under the guidance of their mentor teachers and Teaching Fellow, Mr David Radford who coordinates the professional practice program, they will observe and teach a range of classes to further develop their knowledge & skills. The program provides great benefits for our staff and students as well as providing valuable practicum support for those undertaking teacher training.

The College has a long relationship with the University of Melbourne, and we look forward to working with the current group of teacher candidates.

Finally, I would like to thank the team of teachers and student managers at the year 9 and 10 level, who have

worked so diligently to ensure students have settled into this year. I would particularly like to wish Ms Emma Storer a wonderful break with her young family as she will be taking long service leave for term 2. Ms Jovceviski will be supporting Mr Magnano in his role of year 9 coordination.

On behalf of the year 9 and 10 team, I'd like to wish all students and their families a safe and happy holiday break.

Some of the wonderful work celebrating Harmony Day at LSC. A huge thank you to student artists and art teachers extraordinaire, Ms Siryani and Ms Stipcevic for their inspiration and guidance. The 300's walkway a symbolic reminder of the harmony we experience daily at LSC.



## Year 7 & 8

As we near the end of term, it is an inspiration to reflect upon the enormous achievements of our students during their start of the school year. And also to admire the dedication and professionalism of our staff who have worked tirelessly every day to support and pursue the best possible learning outcomes for their students. Our young students, whether continuing to grow at year 8 or launching into their secondary school years at year 7, have a great deal to be proud of.

In all fields of endeavour, whether on the athletics track, in the bush on camp at Toolangi, our year 8s on the football field, a myriad of extra-curricular programs and clubs, in classes with their many projects, and in the yard our community has worked hard to pursue the values of our College. Our young people are tired, and sometimes that fatigue is noticeable. No doubt the coming term break will provide a timely opportunity for rest and reflection on these fabulous achievements. A hearty congratulation to all.

Next Thursday 30<sup>th</sup> March our parent / teacher conferences will be held at the college. Would families be sure to make appointments early through compass, and if you experience any difficulty with access, please call us for assistance. The first term parent teacher conferences provide an excellent opportunity to discuss your child's progress and to be able to respond in ways to support students during second term.

Harmony day was a delight across the college, and the mural created by students in one of our main hallways is truly beautiful. Congratulations to all who embarked upon such an ambitious project. Harmony and Diversity week celebrations continue all week, with cultural displays, a cultural dress day, the wearing of orange. This morning I have seen fantastic cultural outfits worn by many students and they look absolutely incredible. Our cultural diversity is something to be hugely proud of, and our harmonious environment and positive attitudes of our young people is a real message for all, including our politicians.

Please encourage you children to take up instrumental music at the college. We are greatly expanding our music program, and hope to continually build the number of students learning instruments, and participating in extra-curricular music programs at the college. As a community we are very fortunate to offer music lessons at a very affordable price, so if your child wishes to be part of the program please contact the office, or our music team.

For students who missed having their photos taken, a catch-up photo day will occur early in the new term.

May I take this opportunity to wish all of our families in the Junior school a restful break and some quality family time.

Tim Cottrell

Assistant Principal



## Library News



The Victorian Premiers' Reading Challenge is on again! The Reading Challenge is designed to inspire Victorian school students from Prep to Year 10 to read more books. Students read a certain number of books over the six months from March to 9<sup>th</sup> September 2017.

The successful Challenge is now in its thirteenth year! Statistics from the Department of Education indicated that over 2.2 million Victorian students have registered and participated in it since its introduction in 2005. The statistics also revealed the challengers have read an incredible 42 million books!! This means that each registered student read on average 19 books.

As quoted from the Department of Education, the Premiers' Reading Challenge *"is an important literacy initiative that encourages more children and young people to read more often. It will help meet the key Education State target of increasing the number of Year 5 and Year 9 students reaching the highest levels of achievement in reading by 25 per cent."*

Lalor Secondary College has been participating in this program since 2011. Last year, we congratulated 32 students who completed the challenge. We are hoping we can beat this record.

We are encouraging all Year 7 and 8 students to participate in the Reading Challenge – and we would be delighted if many Year 9s and 10s signed up as well!

We have begun to introduce and explain the Reading Challenge program to the Year 7 English classes. Each



student in Year 7 and 8 have been registered on the Reading Challenge website and they will be given their username and password. Next term, the Teacher Librarians will demonstrate each class during their regular reading period on how to navigate the Reading Challenge website.

To complete the 2017 Challenge, students will need to read 15 books. A minimum of 10 books must be selected from the **Victorian Premiers' Challenge Booklist**, a copy of which will be available from the Library Resource Centre and online from the Victorian Department of Education website (<http://www.education.vic.gov.au/prc/>). The Challenge is not restricted to books in the English language. Students can read books in any language, such as Arabic, Italian, Vietnamese, Macedonian and Greek.



Students must keep a list on paper of all the books they read and after they finish each book, they must ensure their English Teacher or a Teacher Librarian signs their record. Once students have fulfilled all the requirements, they hand in their paper record, as well as the printable online book record, to the library.



To keep our challengers engaged and inspired to read more books, we will be providing **rewards**. This includes students receiving a Student Value Card for every five books read, to encourage them to read 15 books. The other major reward is every student who completed the Challenge will receive a special invitation to a Fun Lunchtime Party which will be held during Library Book Week at the end of Term Three.



Ms S. Graetsch  
Library Resource Centre Manager

## STUDENT LEADERSHIP DAY

On Wednesday 22<sup>nd</sup> March all our student leaders at the College had the opportunity to participate in a Leadership Forum run by ex- student and Carlton FC Legend Anthony Koutoulides.

Anthony gave a valuable insight on what it means to be a leader at school and out in the local community. He also spoke about making sacrifices, organisation, making an impact, working with different types of personalities and finally one message that stuck with me was leaders are not born they are made. All students have an opportunity to make an impact.

Students who participated in the Leadership Forum are able to take away valuable information from one of the greatest players the AFL has ever seen. Ultimately we hope this has helped our students in being better leaders but most importantly better people.

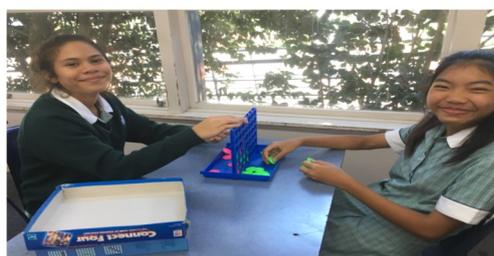
Mr Krstevski



## Welfare

A new addition to the lunch time clubs running this term is a 'Board Games Club' for year 7 students. During Board Games Club students are able to play a variety of board or card games against their friends or challenge Ms Cujic or a staff member from the Wellbeing Team. This club allows students to form new friendships and improve their strategic thinking. Students use their wits, skill and luck to be victorious! The club takes place on Tuesday's at lunchtime in room 308.

Ms Amanda Dipasquantonio  
Wellbeing Team



## House Update

This year has seen many changes in how we have ran our House Program at Lalor Secondary College. Students receive points in 4 categories (Sport, Leadership, Extra- Curricular Activities and Academic Studies) which have created a strong sense of community within each house. All student achievements and total house points can be found on Compass.

At year's end we issue awards to the top performing students at each Year Level, house and the overall winner which is awarded the Anthony Koutoufides medal. A list of student leaders & total house points can be found below

HOUSE	TOTAL
BRADMAN	2107
COWAN	1772
DUNLOP	2094
PATERSON	1915

Mr S. Krstevski

### TOP PERFORMING STUDENTS

YEAR LEVEL	YEAR LEVEL LEADER	HOUSE LEADER	OVERALL LEADER
7	Fouad Chaabani (48pts)	Antonia Meleisa (44pts)	
8	Shavani Mainelli (57pts)		
9	Dorothy Ah Fook (37pts)	Nour Maqsodi (63pts)	
10	Jemma Guglielmi (52pts)	Ekjot Kaur Saini (45pts)	
11	Sasho Lumakovski (56pts)	Elly-May Dreier (63pts)	Clare Freeman (75pts)
12	Mark Gimena (42pts)	Angela David (69pts) Tina Howe (45pts)	

## **Experience La Trobe???**

Are you a year 9 to 12 student wanting to live a day in the life of a La Trobe University student? Are you a parent wanting to see what life at university has to offer for your children? Come to Experience La Trobe this school holiday to learn more!

**What: Experience La Trobe**

**When: Friday 7<sup>th</sup> April**

**Where: La Trobe University Melbourne Campus (Bundoora)**

**How to get involved:**

visit <http://www.latrobe.edu.au/experience/EVENTS/experience-la-trobe-events>

**Cost: FREE! Lunch and entertainment provided.**

This is your chance to get to know the Melbourne Campus and all we have to offer! With over 60 workshops available, you can design your day how you want. Click one of the links above to register and select workshops of most interest to you.





New music teacher **Ms Stav** seeking **Voice Students for individual and small group weekly lessons** on a rotation basis (you never miss the same class). Pop, R&B, Soul, Gospel, Musical Theatre, Jazz, Rock, RAP & HIP HOP ALL welcome.

Please pick up expression of interest/ enrolment form at the general office or at the music department.



## Progress Reports

Parent Teacher Conferences will take place on 30 March 2017. To facilitate the booking of interviews and to assist in parents' discussions with their child's teachers, Progress Reports are available to download from Compass. To view reports select View Academic Reports from the Compass Parent Portal. This window includes a graphical representation of the reports and a comparison of progress with previous reports, plus access to all reports including the Semester 1 Progress Reports 2017. Parents are able to export to PDF then download and print by selecting the icons on the right hand side of the report –



It is highly recommended that parents download these reports prior to booking and attending the Conferences on 30 March as no hard copies will be available on the day.

## National Constitutional Convention 15<sup>th</sup>-17<sup>th</sup> March 2017

In March each year students who have attended the State Constitutional Convention (held in October the previous year) have the opportunity to be selected to attend the National Constitutional Convention in Canberra. Only 25 students are selected to attend each year from participating schools across the country, so we were very lucky once again to have a student attend. That student was Matthew Smith of 12E.

“At the National Constitutional Convention held in Canberra last week, we met the Education Minister Simon Birmingham and the New South Wales Premier among other politicians. We visited Old Parliament House, Government House, dined at the High Court, Parliament House and had ‘din-dins’ with the Governor-General’s wife.” – Matthew Smith

All in all, it seems like it was a very enjoyable and worthwhile activity – well done Matthew!!

P.Leos

## CSEF 2017

**Eligibility:** CSEF eligibility will be subject to the parent/legal guardian's concession card successfully validating with Centrelink on either the first day of Term One or Term Two.

**Applications for Parents or legal guardians:** Parents or legal guardians are required to complete a CSEF application form and lodge it with their child's school for processing.

**Application forms should be completed and lodged with schools by 28th February 2017:** CSEF payments will be processed directly to schools with the majority of payments to commence from March, 2018 onwards. The CSEF system will remain open during term one and term two for applications to be added. Application forms are available from the General Office.

**Payment amounts :** The amount payable for secondary students is **\$225**



LALOR SECONDARY COLLEGE

**YEAR 7 – ‘A Time to Change’**  
**LEADERSHIP GROUP**

**Student Representative Council**

Tamara Wilcox	Mazen Halabi
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**Class Captains**

7A	7B	7C	7D
Christian Stefanovski	Aya Albadran	Mariam Soliman	Beyza Koc

7E	7F	7G	7H	7I
Alexandra Tzamourani	Nahid Fatima	Tahlia Risteski	Victoria Warda	Melissa Paunkoska

**House Captains**

Dunlop	Cowan	Bradman	Paterson
Emilia Tenace	Tiba Mohammad	Ahmad Maqsodi	Ashourina Odisho



## LALOR SECONDARY COLLEGE

### YEAR 8 – ‘A Time to Build’ LEADERSHIP GROUP

### Student Representative Council

Mikayla Aleksovski	Anastasia Apostolopoulos
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### Class Captains

8A	8B	8C	8D
Imogen McKay	Eleni Dimanopoulou	Hitarth Pithava	Jayson Loli Ioane
8E	8F	8G	8H
Eylem Demirbas	Kaulyn Muna	Jaykob Taylor	Keira Bowman Bartolome

### House Captains

Dunlop	Cowan	Bradman	Paterson
Samira Habib	Christina Pici	Chloe Lu	Asimina Kalaitzaki



LALOR SECONDARY COLLEGE

**YEAR 9 – ‘A Time to Explore’**  
**LEADERSHIP GROUP**

**Student Representative Council - 2016**

Suzie Halabi (9A)	Youseff Hoblos (9H)
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**Class Captains**

9A	9B	9C	9D
Amalia Meliniotou	Olga Zaekis	Michelle Franco	Stephanie Tsaketas-Chiu
9E	9F	9G	9H
Abishek Neviles	Jake Nikolov	Alisha Huynh	Caitlin Dorrian

**House Captains**

Dunlop	Cowan	Bradman	Paterson
Johanna Mihalas (9D)	Jana Dobrevska (9H)	Anthony Apostolopoulos (9A)	Klementina Kuzmanoska (9H)



LALOR SECONDARY COLLEGE

**YEAR 10 – ‘A Time to Choose’**  
**LEADERSHIP GROUP**

**Student Representative Council**

Meliz Bilgin	Octave Tuitea
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**Class Captains**

10A	10B	10C	10D
Humeyra Yildiz	Billy Chapman	Alex Manno	Abdulahi Muridi

10E	10F	10G	10H
Zainb Radhi	Adelina Salioski	Gemma Dimitrigevski	Matilda McBrearty

**House Captains**

Dunlop	Cowan	Bradman	Paterson
Ekjot Kaur Saini	Alice Cooper	Luca Gioskas	Simranpreet Kaur



## LALOR SECONDARY COLLEGE

### YEAR 11

#### "A Time to Specialise"

#### LEADERSHIP GROUP

### Student Representative Council

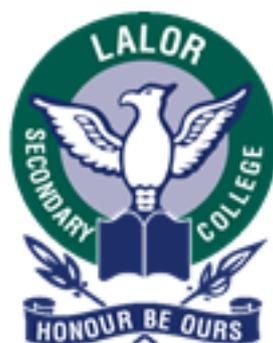
Elly – May Dreier	Clare Freeman
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### Class Captains

11A	11B	11C	11D
Paul Alibrio	Nadia De Amicis	Ali El Youssef	Afroze Khan
11E	11F	11G	
Mateenah Munkayilar	Krystal Read	Ross Tseros	

### House Captains

Dunlop	Cowan	Bradman	Paterson
Sarsha Vadocz	Hasan Youssef	Sasho Lumakovski	Jaylan Chaaban



**LALOR SECONDARY COLLEGE**

**YEAR 12 - 2017**

**LEADERSHIP GROUP**

**School Captains**

Giraud Arquisola	Oliver Tuitea
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**Vice Captains**

Kosta Popovska	Siem Kear
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**Sport Captains**

Michaela Winterstein	Seapan Sidiq
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**Class Captains**

12A	12B	12C	12D
Christina Chow	Claudia Gargano	Nicolce Jovanoski	Jamie Martin

12E	12F
Matthew Smith	Danica Vun

**House Captains**

Dunlop	Cowan	Bradman	Paterson
Tina Howe	Maja Vujinovic	Christine Lam	Angela David

BASELINE PRESENTS

## Raising Resilient Teenagers: an information session for parents and carers

This session will be facilitated by Anglicare Victoria ParentZone and supported by Baseline for Young People.



Baseline



This is a FREE workshop for parents and carers of teenagers who live in the City of Whittlesea.

Topics will include:

- What is resilience
- How to build resilience in your teen
- How to connect with and understand your teen.

**When:** Wednesday 26 April 2017

**Time:** 6.30pm - 8.30pm

**Where:** Edge Services for Young People  
Shop MM1, Westfield Plenty Valley  
415 McDonalds Road, Mill Park

**Light supper provided.**

**Bookings essential** - contact Sally on 9404 8800 or email [baseline@whittlesea.vic.gov.au](mailto:baseline@whittlesea.vic.gov.au)



City of Whittlesea –BASELINE Services for young people

**Baseline** FOR YOUNG PEOPLE



[www.whittleseayouth.com](http://www.whittleseayouth.com)  
e. [baseline@whittlesea.vic.gov.au](mailto:baseline@whittlesea.vic.gov.au)  
p. 9404 8800

BASELINE PRESENTS

# GRAB BAGS

For 12-17 year olds

APRIL

Discount package for the school holidays



## To be eligible

- You must be between 12 - 17 years of age
- You must live in the City of Whittlesea
- You must attend school

Grab Bags will not be reserved

## ON SALE AT:

	SOUTH MORANG	EPPING & EPPING NORTH	THOMASTOWN	WHITTLESEA	MERNDA & DOREEN
VENUE	EDGE – Services for Young People	Epping Views Community Centre	Thomastown Library	Whittlesea Community Activity Centre	Laurmar Community Activity Centre
ADDRESS	Westfield Plenty Valley Shopping Centre 415 McDonalds Road South Morang	15 Lyndarum Drive Epping North	52 Main Street Thomastown	57-61 Laurel St Whittlesea	110 Hazel Glen Drive (cnr Laurmar Boulevard), Doreen
DATE	Tuesday 28 March – Friday 31 March	Monday 27 March	Tuesday 28 March	Tuesday 28 March	Wednesday 29 March
TIME	9.30am – 4.30pm	4pm -6pm	4pm – 6pm	4.30pm – 6.30pm	6pm – 8pm

Cost: \$20 each Grab Bag

Discounts apply for Health Care/Pension Card holders

## Grab Bag includes:

- 1 x Readings movie ticket
- 1 x AMF Bowling pass (Keon Park)
- 1 x Centre pass\* (Mill Park Leisure/TRAC)
- 1 x Mini golf pass
- 1 x NRG Force pass
- 1 x Go Karting pass \*conditions apply
- Assorted discounts and vouchers

\*conditions apply



Find us on  
**Facebook**

Please bring proof of your AGE, SCHOOL you attend and that YOU LIVE in the City of Whittlesea.  
e.g. Birth certificate, student ID card, Learner's permit, letter from school, school report, rates notice, etc.

**Baseline**  
FOR YOUNG PEOPLE



www.whittleseyouth.com  
e. baseline@whittlesea.vic.gov.au  
p. 9404 8800

# Emotionally intelligent parenting



## TUNING IN TO TEENS™

A seven-session parenting program for parents of adolescents aged 12 and over

Would you like to learn how to:

- be better at talking with your teen?
- be better at understanding your teen?
- help your teen learn to manage their emotions?
- help to prevent behaviour problems in your teen?
- teach your teen to deal with conflict?

Tuning in to Teens™ shows you how to help your teen develop emotional intelligence.

**Where:** Children's Protection Society, 70 Altona Street, Heidelberg West  
**When:** Wednesdays, 6.30pm - 8.30pm  
26 April - 7 June 2017  
**Contact:** Julie Graney 9450 0900 or [jgraney@cps.org.au](mailto:jgraney@cps.org.au)

*Bookings essential as places are limited.  
We regret that childcare cannot be provided.*



Arabic Welfare provides services to individuals and families of diverse Arabic speaking backgrounds. Our services cater to the changing needs of the Arabic speaking communities including the well established and the newly arrived.

Our staff are bilingual and bicultural and our team includes qualified and experienced social workers, counsellors, youth and community development workers and Registered Migration Agents.

Arabic Welfare programs follow a preventative health model that aims to be accessible to all, regardless of gender, race, religion, ability and sexuality.

Across our programs we provide support through:

- Casework services – individual and family based
- Case management
- Bi-cultural psycho-social assessment by qualified workers
- Counselling services - including group therapy
- Peer support groups
- Information workshops
- Education and awareness-raising
- Sports and recreational activities
- Community consultations
- Migration advisory service

Please note that our services are free of charge.

Office  
Address: Level 1, 233 Sydney Rd Brunswick 3056 or  
Level 2, Room 208, 61 Riggall St Dallas 3047  
Phone: 03 9380 9536  
Email: [info@arabicwelfare.org.au](mailto:info@arabicwelfare.org.au)  
Website: [www.arabicwelfare.org.au](http://www.arabicwelfare.org.au)

### Arabic Welfare

نوفر الخدمات للأفراد وللعائلات من مختلف الإثنيات العربية خدماتنا تشمل حاجات الجاليات الناطقة باللغة العربية، المستقرة منها وكذلك القادمون الجدد

موظفينا هم ثنائيو اللغة والثقافة ومجموعة الموظفين تتضمن عاملين ذوي خبرة عالية، مرشحات لخدمة الشباب والمجتمع كذلك يوجد لدينا عملاء الهجرة

### Arabic Welfare

يتبع برامج نموذج وقائي صحي هدفه الوصول الى الجميع بغض النظر الى نوع الجنس - العرق - الدين - القدرة او الانتماء الجنسي

عبر برا مجنا نوفر الدعم من خلال خدمة:

- المتابعة الفردية والعائلية
- ادارة الحالات
- التقييم النفسي والاجتماعي من قبل الموظفين المختصين
- خدمة الارشاد اضافة الى العلاج الجماعي
- مجموعات الدعم
- تقديم المعلومات من خلال ورشات عمل
- تعليم و التوعية
- نشاطات رياضية وترفيهية
- الاستشارات المجتمعية
- خدمة الاستشارة بشأن الهجرة



**Mill Park  
Leisure**

**INCLUDES:  
GROUP FITNESS  
PROGRAMS  
CARDIO FITNESS  
STRENGTH TRAINING  
BALANCE &  
FLEXIBILITY**

# **FREE YOUTH GYM MEMBERSHIP\***

**13 TO 18 YEARS**

## **Hit the gym these School Holidays for FREE at Mill Park Leisure**

If you're up for the challenge, we are too! These School Holidays are the perfect time to hit the gym for a fun, safe and challenging 2 week program that will help you achieve your personal health and fitness goals.

It's easy! Simply download our enrolment form at <http://millparkleisure.ymca.org.au> and bring your completed form into us at Mill Park Leisure or you can complete a form when you drop in.



**Mill Park Leisure**

**Terms & Conditions:**

- \* Conditions apply. Offer valid for people aged 13 – 18 years of age only. Available to new members only. Offer runs 1 April to 16 April 2017. Suitable identification must be shown to qualify. See <http://millparkleisure.ymca.org.au> for enrolment form or ask our friendly staff more details and full terms & conditions.

33 Morang Drive, Mill Park

p: 9404 4811

e: [millpark.leisure@ymca.org.au](mailto:millpark.leisure@ymca.org.au)

w: [www.millparkleisure.ymca.org.au](http://www.millparkleisure.ymca.org.au)

f [millparkleisure](https://www.facebook.com/millparkleisure)

## Are you or someone you care for on the Autism Spectrum?



**Come and have your say about the issues that are important to you.**

In the City of Whittlesea we have high numbers of children diagnosed with Autism. To help us develop our new Disability Action Plan, we want to know what are the important issues that affect families with people on the Autism Spectrum.

This plan guides Council's priorities and actions to achieve equity for people of all abilities in our inclusive, diverse and fast-growing municipality, including those with Autism.

Come along and give us feedback on the issues that people with Autism face around the City of Whittlesea.

**When:** Friday 31 March, 10am-12noon

**Where:** Mill Park Library  
394 Plenty Rd, Mill Park

For more information or to register contact Stephen Bell, Team Leader Access, on 9217 2028 or email [access@whittlesea.vic.gov.au](mailto:access@whittlesea.vic.gov.au).

**Council Offices**  
25 Ferres Boulevard  
South Morang VIC 3752  
  
Locked Bag 1  
Bundoora MDC VIC 3083

**Tel** 03 9217 2170  
**Fax** 03 9217 2111  
**TTY** 133 677 (ask for 9217 2170)  
**Email** [info@whittlesea.vic.gov.au](mailto:info@whittlesea.vic.gov.au)  
[www.whittlesea.vic.gov.au](http://www.whittlesea.vic.gov.au)

**Free Telephone Interpreter Service**

عربي	9679 9871	Hrvatski	9679 9872
فارسی	9679 9857	Ελληνικό	9679 9873
Italiano	9679 9874	Türkçe	9679 9877
Македонски	9679 9875	Việt-ngữ	9679 9878
普通话	9679 9876	Other	9679 9879



# NORTHERN KNIGHTS

## MULTICULTURAL DEVELOPMENT

Our program aims to provide a pathway for multicultural athletes and footballers to progress through AFL Victoria Talent Academies and aligned TAC team Northern Knights squads.

TOWARDS



**WHO:** 15-17 year old footballers or athletes with a multicultural\* or indigenous background.

Carlton Footballers Ed Curnow and Matthew Wright on board for 2017 as development coaches and mentors for the squad.

**REGISTER NOW**

Contact Andrew Lozanovski  
[andrewlozanovski@afl.com.au](mailto:andrewlozanovski@afl.com.au)

\*at least one parent born overseas

# SQUAD

# 2017